



2022-04-07 10:46:26
 Choose competition:
 2022 Apollo Projects New Zealand Swimming Championships
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Results for 2022 Apollo Projects New Zealand Swimming Championships

Below are all results from the competition shown by session.

Choose session: **Session 1** Session 2 Session 3 Session 4 Session 5 Session 6 Session 7 Session 8 Session 9 Session 10
 Session 11 Session 12 Session 13 Session 14 Session 15 **Session 16** Session 17 Session 18 Session 19 Session 20 Session 21
 Session 22 Session 23 Session 24

Session Sixteen - Female Finals

Heat results

2022 Apollo Projects NZ Swimming Championships

Place: Sir Owen G Glenn National Aquatic Organizer: Swimming New Zealand
 Pool: 50m Competition Date: Apr 4, 2022 to Apr 9, 2022

Event 20, 400m Individual Medley Women - Final

FINA A W 4:43.06
 Mare Nos 4:52.97
 NZR 4:39.07 Helen Norfolk AK (NZL) 3/25/2008

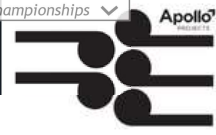
Rank	Name	Age Team	R.T.	FINA	Time	Diff
1	Gina McCarthy	19 Hamilton Aquatics	+0.75		4:45.49	
	50m: 31.33	100m: 1:07.39 (36.06)	150m: 1:43.31 (35.92)	200m: 2:18.95 (35.64)		
	250m: 2:57.36 (38.41)	300m: 3:37.69 (40.33)	350m: 4:11.76 (34.07)	400m: 4:45.49 (33.73)		
2	Neve Tassicker	16 Pirates Swim Team	+0.78		5:00.05	+14.56
	50m: 30.68	100m: 1:06.29 (35.61)	150m: 1:45.57 (39.28)	200m: 2:23.92 (38.35)		
	250m: 3:07.32 (43.40)	300m: 3:52.43 (45.11)	350m: 4:27.40 (34.97)	400m: 5:00.05 (32.65)		
3	Charlie Twose	17 Waitakere Swimming Club	+0.70		5:00.27	+14.78
	50m: 31.21	100m: 1:06.61 (35.40)	150m: 1:44.53 (37.92)	200m: 2:22.34 (37.81)		
	250m: 3:06.19 (43.85)	300m: 3:51.38 (45.19)	350m: 4:26.58 (35.20)	400m: 5:00.27 (33.69)		
4	Ruby Matthews	23 North Shore Swimming Club	+0.66		5:00.59	+15.10
	50m: 30.69	100m: 1:05.97 (35.28)	150m: 1:47.08 (41.11)	200m: 2:27.07 (39.99)		
	250m: 3:10.19 (43.12)	300m: 3:53.26 (43.07)	350m: 4:27.69 (34.43)	400m: 5:00.59 (32.90)		
5	Georgia Wills	18 Pirates Swim Team	+0.65		5:05.25	+19.76
	50m: 31.12	100m: 1:07.92 (36.80)	150m: 1:47.15 (39.23)	200m: 2:26.13 (38.98)		
	250m: 3:10.09 (43.96)	300m: 3:55.70 (45.61)	350m: 4:30.92 (35.22)	400m: 5:05.25 (34.33)		
6	Talitha McEwan	16 Evolution Aquatics Tauranga	+0.75		5:06.45	+20.96
	50m: 31.31	100m: 1:07.82 (36.51)	150m: 1:47.25 (39.43)	200m: 2:25.26 (38.01)		
	250m: 3:10.94 (45.68)	300m: 3:57.06 (46.12)	350m: 4:32.15 (35.09)	400m: 5:06.45 (34.30)		
7	Alexandra Campion	15 United Swimming Club	+0.70		5:10.76	+25.27
	50m: 30.84	100m: 1:07.23 (36.39)	150m: 1:46.17 (38.94)	200m: 2:24.63 (38.46)		
	250m: 3:10.17 (45.54)	300m: 3:57.86 (47.69)	350m: 4:34.63 (36.77)	400m: 5:10.76 (36.13)		
8	Danielle Asiata	15 Howick Pakuranga	+0.71		5:13.18	+27.69
	50m: 31.73	100m: 1:09.63 (37.90)	150m: 1:47.65 (38.02)	200m: 2:26.39 (38.74)		
	250m: 3:13.23 (46.84)	300m: 4:01.18 (47.95)	350m: 4:37.43 (36.25)	400m: 5:13.18 (35.75)		

Event official at: 4/7/2022 7:39:58 PM

2022-04-07 19:40:04 Datahandling: WinGrodan 2.9 Licensed to: Swimming New Zealand

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